

A case of symmetrical subepidermal calcified nodules on the eyelids

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Dear Editor,

Subepidermal calcified nodules (SCN) are typically asymptomatic, solitary, and idiopathic cutaneous calcinosis.¹ We report a case with two SCNs with a symmetrical distribution, where a single nodule was located on the medial aspect of each of the bilateral upper eyelids in a teenage male.

The patient had been aware of the SCN three years earlier but did not seek treatment at the time. Upon clinical examination, two white nodules, each about 8 mm diameter, firm, well-defined, and with mild elevation, one on each medial aspect of the bilateral upper eyelids, were observed (Figure 1A). The nodules were non-painful, and there was no family history of familial cholesterolemia. Blood samples indicated normal levels of cholesterol and triglyceride, ruling out Xanthelasma. The nodules were surgically excised under local anesthesia. Histological examination

revealed a uniform basophilic mass in the upper dermis (Figure 1B). Von Kossa staining was positive, calcified materials in the upper dermis, leading to the diagnosis of SCN (Figure 1C). To date, no recurrence has been observed.

Cutaneous calcinosis involves the deposition of calcium in the dermis and subcutaneous tissue. It is clinically classified into five subtypes: dystrophic, idiopathic, metastatic, iatrogenic, and calciphylaxis.² SCN falls under the idiopathic subtype, characterized by absence of any underlying disease or metabolic disorder.

SCN is a common form of cutaneous calcinosis found on the face in young patients and is typically observed as a solitary lesion. Clinical features include the presence of white papules, usually measuring less than 1 cm, with a verrucous or smooth surface.¹

Differential diagnoses include conditions such as xanthelasma palpebrarum, pilomatricoma, and milia. Pathological findings often reveal granular or lobulated calcified material with basophilic dark staining extending from the epidermis to the sub-dermis, and Von Kossa staining shows a positive reaction. Treatment options include surgical excision, CO₂ laser therapy,³ and liquid nitrogen cryotherapy.

The mechanism of SCN is unknown. Several theories have been proposed, including traumatic calcification due to repetitive irritation, calcification at the site of skin injury, or deposition of calcium on pre-existing lesions such as milia or sweat duct tumors.⁴ The mechanism of xanthelasma palpebrarum involves leakage of plasma lipoproteins through dermal capillaries, phagocytosis by macrophages, and formation of lipid-laden foam cells.⁵ Additionally, the connective tissue of the eyelid is coarse and prone to retention of plasma components, which may leak out when one blinks. In our case, rather than a solitary nodule, two were present, one each on the medial side of both upper eyelids, necessitating differentiation from xanthomas.

Unlike previously reported cases of SCN, this case presented with symmetric nodules on the medial aspect of the bilateral upper eye-

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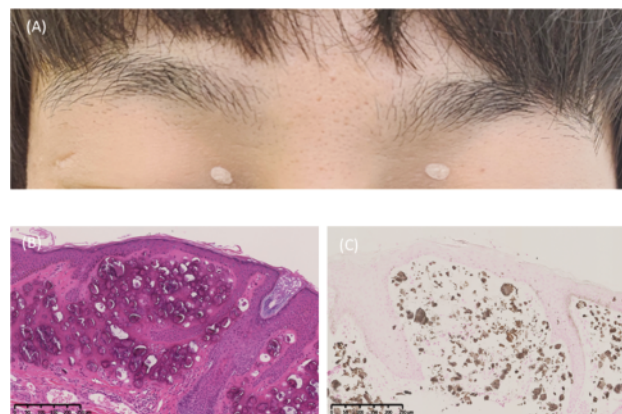


Figure 1. A) Symmetrical white nodules on the medial aspect of both upper eyelids; B) Calcified material with basophilic staining around blood vessels and in the shallow to lower dermis (hematoxylin and eosin stain×100); C) Von Kossa staining was positive (Von Kossa stain×400).

lids. Pathologically, there were calcareous deposits around the vessels, suggesting that, as in eyelid xanthomas, they may have been caused by leakage of plasma components.

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